



NEWSLETTER

OCTOBER - DECEMBER 2025

OCTOBER SCHOOL HOLIDAY

Our classes are **OFF** during the October school holidays;

Penicuik: Monday 13th October – Sunday 19th October (inclusive)

Bathgate & Broxburn: Monday 20th October – Sunday 26th October (inclusive)

OCTOBER HOLIDAY CAMP

We are hosting a 3-day October camp at our Bathgate venue. Sessions will run from Monday 20th – Wednesday 22nd October, 9:30-12:30. Open to school age children, members and non-members' welcome.

BOOK NOW! <https://gymtastic.courseprogress.co.uk/onlinejoining/home>

HALLOWEEN / CHRISTMAS PARTIES

These parties are open to members only! Our Halloween parties will take place on **Saturday 1st November**, with our Christmas parties being held on **Saturday 13th December**. As time slots vary at each venue, please check the booking form for times. Book online:

<https://form.jotform.com/240785454229362>

HALLOWEEN DRESS UP WEEK

Gymnasts can attend class dressed up for Halloween the week of Monday 27th October – Sunday 2nd November.

APPARATUS COMPETITION

Gymnasts attending classes that are 55 minutes or longer, are invited to take part in our up-and-coming 'Apparatus' competition. **The competition will be held in our Bathgate venue on Sunday 30th November**. All gymnasts will perform a routine on Bars, with girls showing a routine on Beam and the boys a Parallel Bar routine. This event is about participation; all gymnasts will receive a certificate for taking part! If you have any questions, please speak to your child's coach! The closing date for entries is Sunday 9th November; please book online:

<https://pci.jotform.com/form/93303290807354>

VIEWING WEEK

We are excited to host a 'viewing week' from **Monday 8th December – Sunday 14th December**. **As space is limited, we invite 1 spectator per gymnast.** Parents of gymnasts who attend for 55 mins or less, are invited to watch the full lesson. Parents of gymnasts who attend for 2 hours or more, are invited to come and watch the last 45 minutes of their child's class.

CHRISTMAS JUMPER WEEK

Gymnasts are invited to wear their favourite Christmas jumper to their last class of 2025, Monday 15th December-Sunday 21st December.

CHRISTMAS CLOSURE

We will be closed from Monday 22nd December – Sunday 4th January.

www.gymtastic-scotland.co.uk