

OCTOBER HOLIDAYS

Please note that our facilities will be closed on the following dates during the October holidays:

Penicuik & Fife: Monday 12th October - Sunday 18th October (inclusive)

Bathgate: Monday 19th October - Sunday 25th October (inclusive)

SKILL WORKSHOPS

We have skill workshops running in Penicuik and Bathgate during the October holidays.

Penicuik - Monday 19th October, 10:00-11:30

Coach Kate will be leading a workshop focusing on backward gymnastics floor skills.

Bathgate - Monday 26th October, 10:00-11:30 & 12:15-13:45

Coaches Rachael and Neil will be running two workshops covering a range of skills and apparatus.

We are also running an October Camp in Fife; however, this is already fully booked.

BOOK / MORE INFORMATION

HALLOWEEN DRESS-UP WEEK

Week commencing Monday 26th October

Gymnasts are invited to attend classes dressed up for Halloween!

Please note that face paint is not allowed, and costumes should allow gymnasts to participate safely in their class.

Gymnasts are welcome to arrive dressed up and remove their costume, or parts of it, if required for participation.

To help raise club funds, we will also have donation buckets available throughout the week. Thank you for your support!

CAPES & CROWNS CUP - APPARATUS COMPETITION

Sunday 22nd November - Gymtastic Bathgate

We are hosting our annual apparatus competition, this year with a princess and superhero theme! This competition is open to all gymnasts who attend a weekly class of 55 minutes or longer.

Gymnasts at Foundation level will perform routines on bars and beam. At all other levels, girls will perform routines on bars and beam, while boys will perform routines on bars and parallel bars.

The event will have a fun and relaxed atmosphere. All eligible gymnasts are encouraged to take part, although participation is entirely optional.

We are unable to provide individual competition times until after entries have closed. The entry fee also includes admission for two spectators.

Closing date for entries: Wednesday 28th October

ENTER YOUR CHILD

VIEWING WEEK

Towards the end of the year, we will be hosting our Viewing Weeks, giving parents and carers the opportunity to watch their gymnast in action.

One adult per gymnast is invited to attend. Parents/carers of children attending pre-school classes are welcome to spectate for the full session. Parents/carers of gymnasts attending classes of 55 minutes or longer are invited to watch the final 30 minutes of the session.

If your child attends more than one session per week, please attend their last session of the week.

Please remember that outdoor shoes must be removed before entering the gymnastics area, and no food or drink is permitted within this area.

Fife & Penicuik: Week commencing Monday 30th November

Bathgate: Week commencing Monday 30th November and week commencing Monday 7th December

As our Bathgate facility is larger, with multiple class levels running simultaneously, we will split Viewing Week across two weeks. We will contact members directly nearer the time to confirm which week you should attend.

CHRISTMAS JUMPER WEEK

Week commencing Monday 14th December

Gymnasts are invited to attend their final classes of the year wearing their favourite Christmas jumper!

To help raise club funds, we will have donation buckets available throughout the week. Thank you for your support!

MEMBERS' HALLOWEEN & CHRISTMAS PARTIES

Halloween Party - Sunday 1st November

Christmas Parties - Saturday 12th December

We will be hosting parties at each of our facilities, with times varying depending on location. These events are open to members aged 5 years and over. Spaces are limited and will be allocated on a first-come, first-served basis.

Our younger members won't miss out! Children under five will enjoy a small celebration during their regular class around Halloween and Christmas.

BOOK PARTY PLACES

CLUB MERCH

Don't forget to check out our Club Shop! We have lots of items that make ideal Christmas presents for your little gymnasts. Please place your orders in plenty of time to avoid disappointment.

SHOP CLUB MERCH

WINTER WEATHER

With colder weather approaching, we recommend that gymnasts who normally train in a leotard bring additional clothing to wear during their warm-up.

Extra layers can be removed once gymnasts are warm and ready to begin their session.

CHRISTMAS CLOSURE

All facilities will be closed from Monday 21st December until Sunday 3rd January 2027 (inclusive).

Classes will resume after the Christmas and New Year break.

THANK YOU

A huge thank you to all our gymnasts, parents and carers for your continued support of the club. We really appreciate it and look forward to an exciting few months ahead!

KEEP UP TO DATE

www.gymtastic-scotland.co.uk